

만성질환 통계

고혈압, 당뇨병, 고콜레스테롤혈증 인지율, 2016~2018

◆ 만 30세 이상의 고혈압, 당뇨병, 고콜레스테롤혈증 인지율은 각각 69.1%, 71.5%, 60.1%로 나타났으며, 특히 30~40대에서 인지율이 낮았음. 30대의 경우 해당질환 환자 10명 중 고혈압은 2.0명(19.8%), 당뇨병은 3.3명(33.6%), 고콜레스테롤혈증은 1.8명(18.0%)만이 질환을 인지하고 있었음(그림 1).

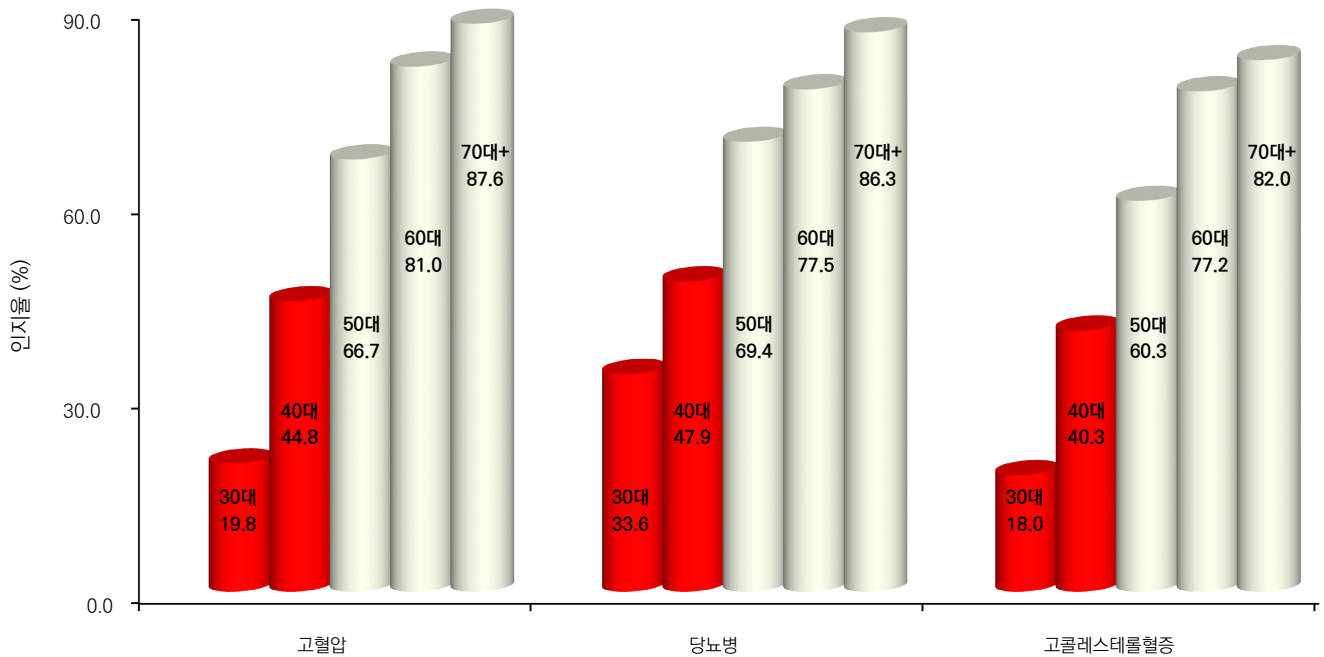


그림 1. 연령대별 고혈압, 당뇨병, 고콜레스테롤혈증 인지율, 2016~2018

* 고혈압 인지율 : 고혈압 유병자 중 의사로부터 고혈압 진단을 받은 비율, 만 30세 이상

† 당뇨병 인지율 : 당뇨병 유병자 중 의사로부터 당뇨병 진단을 받은 비율, 만 30세 이상

‡ 고콜레스테롤혈증 인지율 : 고콜레스테롤혈증 유병자 중 의사로부터 고콜레스테롤혈증 진단을 받은 비율, 만 30세 이상

자료원: 국민건강통계 2018, 질병관리본부

작성부서: 질병관리본부 질병예방센터 만성질환예방과

Noncommunicable Disease (NCD) Statistics

Percentages of awareness in hypertension, diabetes and hypercholesterolemia among Korean adults aged ≥ 30 years, 2016–2018

◆ According to Korea Health Statistics 2016–2018, among Korean adults aged ≥ 30 years, the awareness percentages of hypertension, diabetes and hypercholesterolemia are 68.3%, 71.5% and 60.1%, respectively. Especially, the percentages of awareness of hypertension, diabetes and hypercholesterolemia in 30–40s are lower, compared to other aged groups. Among those 30s age group who have hypertension, diabetes and hypercholesterolemia, 2.0 of 10 (19.8%), 3.3 of 10 (33.6%), 1.8 of 10 (18.0%) people are formally diagnosed of their hypertension, diabetes, hypercholesterolemia, respectively (Figure 1).

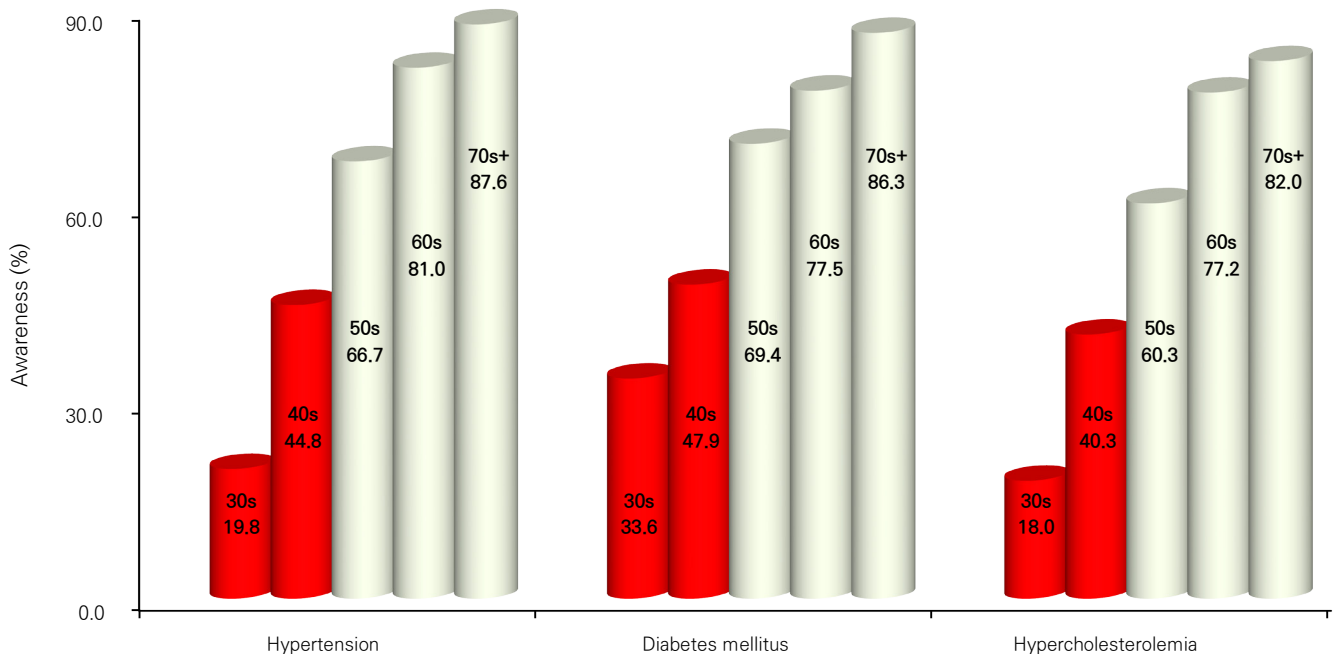


Figure 1. Percentages of awareness in hypertension, diabetes and hypercholesterolemia according to Korean adults aged ≥ 30 years, 2016–2018

* Percentage of hypertension awareness: percentage of people formally recognized of hypertension by a doctor, among those who have hypertension and are 30 years of age and over

† Percentage of diabetes awareness: percentage of people formally recognized of diabetes by a doctor, among those who have diabetes and are 30 years of age and over

‡ Percentage of hypercholesterolemia awareness: percentage of people formally recognized of hypercholesterolemia by a doctor, among those who have hypercholesterolemia and are 30 years of age and over

Source: Korea Health Statistics 2018, Korea National Health and Nutrition Examination Survey, <http://knhanes.cdc.go.kr/>

Reported by: Division of Chronic Disease Prevention, Korea Centers for Disease Control and Prevention